



The 84th Engineer Battalion Association Newsletter

Issue: 2 January 2008

84th Engineer Battalion Report :

Since the 84th Engineer Battalion Association was founded back in 1 August 1998, we have 190 listed members, and we continue to get new members every month or so. So we are growing. If not for the Internet, and guys like Paul Farley, our founding father, a lot of re-newed friendships would probably not have happened.

Something you may or may not be aware of is the Association is now open to anyone that served with the 84th Engineers. Guys that served in Korea, Vietnam, and Iraq and all now eligible to join the Association. You may have noticed we dropped the (Vietnam) from the Associations name.

Have you looked at our web site lately? Well, if you haven't, then you are missing out! We have literally hundreds and hundreds of photographs that have been sent in to us to post on the 84th Engineer Battalion Association's web site. Do you have any photographs that you would like to share with the other members? If so, please send them to webmaster@84thengineers.com and we'll get posted.

Be sure to check out the web site often as new photographs and other items of interest are posted often.

Congratulations:

Dr. Jesse Muir has been sworn in as LTC Muir and has reported for Officer Basic on Memorial Day 2007! Jesse was a medic with HHC in 1970. We are extremely proud of Jesse and wish him nothing but the best for his future!

Did you know:

Did you know there is an Internet radio station for Vietnam Vets? Donn "Doc" Dade, a former member of the 864th Engineers in Vietnam, is the radio host. go to <http://dadeforum.com> and listen to some great music and interviews he does.

If any of you guys use the VAMC for your primary care, you should check out MyHealthVet at <https://www.myhealth.va.gov/>. You can order your prescriptions online; use the daily health journal to track your health and so much more. Take a look, it could be helpful!

Today, an estimated 5 million Americans are infected with Hepatitis C - and most of them don't know it. That is 1 out of every 50 people and some will be people you know. ***One out of every 10 Veterans is infected, 62% of Vietnam Vets have it.*** Three people with Hep C die every day, two of them are Veterans. Please, be sure you get checked for this. It is a simple blood test. Do it today!

Agent Orange:

If you are a Vietnam Vet (and I know you are if you're reading this newsletter) please go to your nearest VA clinic and demand an Agent Orange physical and a cat scan! It very well could save your life! In case you did not know, type II diabetes is now been recognized as being exposed to Agent Orange.

From the Veterans Administration:

WASHINGTON – In a ceremony today Dr. James B. Peake, a combat veteran of the Vietnam War and former Army Surgeon General, was sworn in by President George W. Bush as the nation's sixth Secretary of Veterans Affairs. (12/20/07)

WASHINGTON – Central Florida veterans are a step closer to having a new 134-bed hospital and outpatient clinic on Lake Nona Boulevard in Orlando across from the new University of Central Florida College of Medicine, the Department of Veterans Affairs (VA) has announced. (12/20/07)

VETERANS TAX TIP:

Week of December 17, 2007 - The Minnesota Society of Certified Public Accountants reminds veterans that veterans' benefits administered by the Department of Veterans (VA) Affairs are generally not taxable. Benefits include: (1) disability compensation and pension payments for disabilities paid to veterans or their families; (2) grants paid by the Department of Veterans Affairs for homes designed for wheelchair use or for vehicles for veterans who have lost their sight or the use of their limbs; (3) veterans' insurance proceeds and dividends paid to veterans or

their beneficiaries; interest on insurance dividends left on deposit with VA and (4) dependent-care assistance benefits.

PTSD:

If you have any of the following symptoms, please go to your nearest VAMC and ask to speak to someone about PTSD! **Do NOT wait!** Go right away!

- (a) sleep problems
- (b) depression
- (c) feeling detached or numb
- (d) feeling jittery or on guard
- (e) being easily startled
- (f) loss of interest in things you used to enjoy
- (g) trouble feeling affectionate
- (h) feeling irritable, more aggressive than before, or even violent
- (i) avoidance of certain places or situations that bring back memories
- (J) irritability
- (k) violent outbursts
- (l) trouble working or socializing
- (m) flashbacks or intrusive images (A person having a flashback, which can come in the form of images, sounds, smells, or feelings, usually believes that the traumatic event is happening all over again.)
- (n) losing touch with reality
- (o) reenacting the event for a period of seconds or hours or, very rarely, days

From The Editor:

Have something to say? Let us know and we'll include it in the next edition. The more participation we receive, we can produce the newsletter more often. So, go ahead, get it off your chest. Let us know what you think about what is going on in the world today, or anything that is on your mind. Send all comments and articles to Pauley68@gmail.com

Wishing you all the best for the holiday season!